

DESA YUNO

BREAKFAST

ZUMOS, SMOOTHIES .../ JUICES, SMOOTHIES...

Cold Pressed Juice

9

Green Detox

Pepino, manzana verde, apio, espinaca, jengibre y zumo de limón/ Cucumber, green apple, celery, spinach, ginger, and lemon juice

Citrus Boost

Naranja, pomelo, zanahoria, jengibre y cúrcuma/ Orange, grapefruit, carrot, ginger, and turmeric

Red Antioxidant

Remolacha, fresa, manzana, zanahoria y zumo de limón/ Beetroot, strawberry, apple, carrot, and lemon juice

Smoothie

10

Protein

Leche de almendra, plátano, proteína vainilla, mantequilla almendra, dátiles/ Almond milk, banana, vanilla protein, almond butter, and dates

Tropical

Mango, piña, leche de coco, lima y hielo/ Mango, pineapple, coconut milk, lime, and ice

Green

Espinaca, plátano, manzana, leche de almendra, semillas de chía/ Spinach, banana, apple, almond milk, and chia seeds

Shot Wellness

4

Ginger

Zumo de jengibre, limón y miel/ Ginger juice, lemon, and honey.

Turmeric

Zumo de naranja, cúrcuma fresca, jengibre, pimienta negra y limón/ Orange juice, fresh turmeric, ginger, black pepper, and lemon

Chlorophyll

Agua, clorofila líquida, limón, menta/ Water, liquid chlorophyll, lemon, and mint

Matcha Latte / Golden Milk

6

BOLLERÍA RECIÉN HORNEADA / FRESHLY BAKED

Croissant de mantequilla / Butter Croissant 3.5

Tradicional croissant francés de mantequilla, hojaldrado y recién horneado

Classic French butter croissant, flaky & freshly baked

(1, 3, 4)

Pain au Chocolat (70% cacao) / Pain au Chocolat (70% cocoa) 4

Hojaldre laminado crujiente relleno de dos barritas de chocolate

Two-baton chocolate, crisp laminated pastry

(1, 3, 4)

Croissant de almendra / Almond Croissant 5

Relleno de crema frangipane de almendra y cubierto con almendras tostadas laminadas

Almond frangipane, toasted sliced almonds

(1, 3, 4, 5)

Croissant relleno de pistacho / Pistachio Filled Croissant 6

Crema praliné de pistacho con pistacho tostado en polvo

Pistachio praline cream, roasted pistachio dust

(1, 3, 4, 5)

Tostada de masa madre (2 rebanadas) / Sourdough Toast (2 slices) 5

Servida con aceite de oliva virgen extra y tomate rallado, o mantequilla y miel cruda

Served with extra virgin olive oil & grated tomato, or butter & raw honey

(3)

Pan de semillas sin gluten (2 rebanadas) / Gluten-Free Seed Bread (2 slices) 5

Servido con aceite de oliva y mermelada de temporada

Warmed, served with olive oil & seasonal jam

(5)

BOWLS & PARFAITS

Pudin de Chía Overnight / Overnight Chia Pudding 12

Chía y coco, mango, lima, semillas activadas

Chia & coconut, mango, lime, activated seeds

Parfait de yogur griego / Greek Yogurt Parfait 10

Yogur griego, frutos rojos, miel cruda,
granola artesanal

Greek yogurt, red berries, raw honey, homemade granola

(1)

Bowl proteico verde / Green Protein Bowl 14

Quinoa, espinaca baby, aguacate, huevo 63°,
vinagreta cítrica

Quinoa, baby spinach, avocado, 63°C egg, citrus vinaigrette

(5,11)

TOASTS & LIGHT

Tostada deluxe de aguacate (V, opción GF) / Avocado Toast Deluxe (V, GF option) 12

Pan de masa madre, aguacate laminado, huevo poché, chili crunch, brotes

Sourdough bread, sliced avocado, poached egg, chili crunch and sprouts

(3, 4, 5)

Tostada de salmón ahumado y labneh / Smoked Salmon & Labneh Toast 12

Salmón ahumado, labneh ligero, pepino encurtido, eneldo, limón

Smoked salmon, light labneh, pickled cucumber, dill and lemon

(1, 3, 7)

Tostada de ricotta y tomate asado (V) / Ricotta & Roasted Tomato Toast (V) 9

Ricotta, roasted tomatoes, basil and premium extra virgín olive oil

Ricotta, tomate confitado, albahaca, AOVE

(1)

Tostada ibérica “Joselito” con tomate / Iberian toast with ‘Joselito’ ham and tomato(Spanish Signature) 11

Pan masa madre, tomate rallado, AOVE premium, jamón ibérico “ Joselito”

Sourdough bread, grated tomato, premium extra virgín olive oil and Iberian ham ‘Joselito’

(3)

Plato de Fruta Fresca (V, GF) / Fresh Fruit Plate (V, GF) 14

Selection of fresh fruits, lime and mint

Selección de frutas, lima, menta

GF: Gluten free / V: Vegetariano (Vegetarian)

HUEVOS / EGGS

Revuelto cremoso sobre masa madre (opción GF) / 15 **Creamy Scrambled Eggs on Sourdough (GF option)**

Revuelto cremoso, cebollino, masa madre
tostada o ensalada

Creamy scrambled eggs, chives, toasted sourdough or salad

(3, 4, 11)

Tortilla de Claras (GF) / Egg White Omelette (GF) 16

Tortilla de claras, espinaca baby, aguacate,
hierbas frescas

Egg white omelette, baby spinach, avocado and fresh herbs

(3, 4, 11)

Shakshuka Light (opción GF y V) / 14 **Light Shakshuka (GF, V option)**

Tomate asado especiado, feta, hierbas (opción sin feta)

Spiced roasted tomato, feta and herbs (feta-free option available)

(3, 4, 11)

ALÉRGENOS / ALLERGENS

1.Lácteos / 2.Crustáceos / 3.Gluten / 4.Huevos / 5.Frutos con cáscara /
6.Cáscara / 7. Pescado / 8. Cacahuetes / 9. Sésamo / 10.Altramuces /
11.Sulfitos / 12.Apio / 13. Mostaza / 14. Molusco / 15.Vegetariano

1.Dairy / 2. Crustaceans / 3. Gluten / 4. Eggs / 5. Tree Nuts / 6. Shellfish /
7. Fish / 8. Peanuts / 9. Sesame / 10. Lupins / 11. Sulphites / 12. Celery /
13. Mustard / 14. Molluscs / 15. Vegetarian

SALTAO

De Mar